



AQUATIC SWIM QUEST

BAND MEANINGS

ORANGE: SHALLOW END SWIMMER AT THE LAKE AND POOL ONLY. CANOE WITH BLUE BAND COUNSELOR AT THE POOL.

GREEN: SHALLOW END DURING LAKE TIME, BOAT WITH BLUE COUNSELOR. WET WILLYS WITH LIFE JACKET DURING LAKE TIME. WITH CABIN TIME BLOBS. MUST STAY ON SHALLOW SIDE OF DEMBARKATION LINE IN POOL.

BLUE: ABLE TO USE ALL AREAS AT POOL AND LAKE.

TIMING

LAKE VILLAGE + EQ: AS SOON AS YOU HAVE ALL OF YOUR KIDS, GOAL TO BE DONE BY 4:30

RIVER VILLAGE: 4-5PM

AT THE POOL

THE QUEST

STEP 1: SWIM ACROSS SHALLOW END FREESTYLE

STEP 2: JUMP IN MIDDLE LEVEL DEPTH SWIM A SECOND STROKE IMMEDIATELY

STEP 3: DEEP WATER 30 SECOND TREAD

OTHER CHANGES

EXIT THE SAME GATE WE EXIT FROM FOR SWIM TIME

CONTINUE CHALLENGE BY CHOICE – CAMPERS CAN OPT OUT

COUNSELOR RESPONSIBILITIES

ENCOURAGE CAMPER SAFETY

DESCRIBE TO CAMPERS OUTSIDE POOL HOUSE THEIR OPTIONS

COMFORT AND CHEER ON CAMPERS THROUGH CHALLENGE/PROGRESSION

HELP WITH BANDING AT SIDE OF POOL

ENSURE TO WRITE BAND LEVELS DOWN ON MASTER SHEET