

| ITEM: | GLUTEN FREE | EGG FREE | DAIRY FREE | VEGAN | VEGETARIAN | NUT FREE | SOY FREE | CORN FREE | CARB COUNT | FOOD DYE |
|--------------------------|-------------|----------|------------|-------|------------|----------|----------|-----------|---------------|----------|
| WEEK A- 1,3,5,7,9 | | | | | | | | | | |
| BBQ CHICKEN PATTY | YES | YES | YES | NO | NO | YES | YES | NO | 3 G/1 EACH | NO DYE |
| CHEESY POTATOES | YES | YES | NO | NO | YES | YES | NO | NO | 20 G/1 OZ | NO DYE |
| GREEN BEANS | YES | YES | YES | YES | YES | YES | NO | YES | 4 G/.5CUP | NO DYE |
| ROLLS | NO | YES | YES | YES | YES | YES | YES | NO | 14 G/1 EACH | NO DYE |
| OREO FLUFF | NO | YES | NO | NO | YES | YES | NO | NO | 27G/.5CUP | NO DYE |
| TORTILLA SHELLS | NO | YES | YES | YES | YES | YES | YES | YES | 14 G/1 EACH | NO DYE |
| SCRAMBLED EGGS | YES | NO | YES | NO | YES | YES | NO | YES | 2 G/.25 CUP | NO DYE |
| BACON | YES | YES | YES | NO | NO | YES | YES | YES | 0 G/2 SLICES | NO DYE |
| TATOR TOTS | YES | YES | YES | YES | YES | YES | NO | NO | 19 G/3 OZ | NO DYE |
| POPCORN CHICKEN | NO | YES | YES | NO | NO | YES | YES | NO | 14 G/4 PIECES | NO DYE |
| MASHED POTATOES | YES | YES | NO | NO | YES | YES | YES | YES | 14 G/.7OZ | NO DYE |
| COUNTRY GRAVY | NO | YES | NO | NO | YES | YES | NO | NO | 1.33 tbsp/6 G | YES DYE |
| CORN | YES | YES | YES | YES | YES | YES | NO | NO | 14 G/.5 CUP | NO DYE |
| FRITOS | YES | YES | YES | YES | YES | YES | YES | NO | 20 G/1 OZ | NO DYE |
| TACO MEAT | YES | YES | YES | NO | NO | YES | YES | NO | 0 G/4 OZ | NO DYE |
| FUNNEL FRIES | NO | NO | NO | NO | YES | YES | NO | NO | 27 G/9 EACH | NO DYE |
| STRAWBERRY TOPPING | YES | YES | YES | YES | YES | YES | NO | YES | 16 G/2 tbsp | YES DYE |
| CROISSANTS | NO | YES | NO | NO | YES | YES | NO | NO | 19 G/1 EACH | NO DYE |
| SAUSAGE PATTIES | YES | YES | YES | NO | NO | YES | YES | YES | 1 G/2 EACH | NO DYE |
| EGG PATTIES | YES | NO | NO | NO | YES | YES | NO | YES | 1 G/1EACH | NO DYE |
| CHEESE SLICES | YES | YES | NO | NO | YES | YES | YES | YES | 1 G/1 SLICE | NO DYE |
| CORN DOGS | NO | NO | NO | NO | NO | YES | NO | NO | 27 G/1 EACH | NO DYE |
| MAC AND CHEESE | NO | YES | NO | NO | YES | YES | NO | NO | 32 G/1 CUP | YES DYE |
| BAKED BEANS | YES | YES | YES | NO | NO | YES | YES | NO | 30 G/.5 CUP | NO DYE |
| SALISBURY STEAKS | NO | YES | NO | NO | NO | YES | NO | YES | 6 G/1 EACH | NO DYE |
| MASHED POTATOES | YES | YES | NO | NO | YES | YES | YES | NO | 15 G/.7 OZ | NO DYE |
| BROWN GRAVY | NO | YES | NO | NO | YES | YES | NO | NO | 4 G/1 tbsp | NO DYE |
| VEGGIE BLEND | YES | YES | YES | YES | YES | YES | YES | NO | 5 G/.67 CUP | NO DYE |
| ROLLS | NO | YES | YES | YES | YES | YES | YES | NO | 14 G/1 EACH | NO DYE |
| ICE CREAM CUPS | YES | YES | NO | NO | YES | YES | YES | NO | 21 G/1 EACH | YES DYE |
| SCRAMBLED EGGS | YES | NO | YES | NO | YES | YES | NO | NO | 16 G/.67 CUP | NO DYE |
| SAUSAGE LINKS | YES | YES | YES | NO | NO | YES | YES | YES | 1 G/ 3 EACH | NO DYE |
| BLUEBERRY BREAD | NO | NO | NO | NO | YES | YES | NO | NO | 34 G/.33 CUP | YES DYE |
| HAMBURGER BUNS | NO | YES | YES | YES | YES | YES | NO | NO | 28 G/1 EACH | NO DYE |
| CHICKEN PATTIES | YES | YES | YES | NO | NO | YES | YES | YES | 13 G/1 PC | NO DYE |
| SEASHORE FRIES | YES | YES | YES | YES | YES | YES | YES | NO | 22 G/3 OZ | NO DYE |
| MANDARIN ORANGES | YES | YES | YES | YES | YES | YES | YES | YES | 14 G/.5 CUP | NO DYE |
| PENNE NOODLES | NO | YES | YES | YES | YES | YES | NO | YES | 44 G/1 CUP | NO DYE |

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| GROUND BEEF | YES | YES | YES | NO | NO | YES | YES | YES | 0 G/4 OZ | NO DYE |
| MARINARA SAUCE | YES | YES | YES | YES | YES | YES | NO | NO | 11 G/.5 CUP | NO DYE |
| MOZZARELLA | YES | YES | NO | NO | YES | YES | YES | YES | 1 G/.25 OZ | NO DYE |
| GREEN BEANS | YES | YES | YES | YES | YES | YES | NO | YES | 4 G/.5 CUP | NO DYE |
| GARLIC BREAD | NO | YES | NO | NO | YES | YES | YES | YES | 26 G/1 | |
| BROWNIES | NO | NO | YES | NO | YES | YES | NO | NO | 22 G/1 EACH | YES DYE |
| BISCUITS | NO | YES | NO | NO | YES | YES | NO | YES | 32 G/1 EACH | NO DYE |
| SAUSAGE GRAVY | NO | YES | NO | NO | NO | YES | NO | NO | 6 G/1.33 tbsp | YES DYE |
| DICED POTATOES | YES | YES | YES | YES | YES | YES | NO | YES | 17 G/.67 CUP | NO DYE |
| PIZZA STICKS | NO | NO | NO | NO | NO | YES | NO | YES | 28 G/1 EACH | NO DYE |
| APPLESAUCE | YES | YES | YES | YES | YES | YES | YES | YES | 14 G/1 EACH | NO DYE |
| CARROTS | YES | YES | YES | YES | YES | YES | YES | YES | 12 G/4.5 OZ | NO DYE |
| RANCH DIP | YES | NO | NO | NO | YES | YES | NO | NO | 3 G/1 EACH | NO DYE |
| | | | | | | | | | | |
| CHERRY BLOSSOM CHICKEN | NO | NO | YES | NO | NO | YES | YES | NO | 27 G/3.9 OZ | NO DYE |
| FRIED RICE | NO | YES | YES | YES | YES | YES | NO | NO | 54 G/5.9 OZ | NO DYE |
| SPRING ROLLS | NO | NO | YES | NO | YES | YES | YES | NO | 21 G/1 EACH | NO DYE |
| STIR FRY VEGGIES | YES | YES | YES | YES | YES | YES | YES | YES | 6 G/.75 CUP | NO DYE |
| FORTUNE COOKIES | NO | YES | YES | YES | YES | YES | NO | YES | 16 G/ 1 | NO DYE |
| MINI PANCAKES | NO | NO | NO | NO | YES | YES | NO | NO | 36 G/1 PKG | NO DYE |
| BACON | YES | YES | YES | NO | NO | YES | YES | YES | 0 G/2 SLICES | NO DYE |
| HASH BROWNS | YES | YES | YES | NO | NO | YES | NO | YES | 16 G/.67 CUP | NO DYE |
| HOAGIE BUNS | NO | YES | YES | YES | YES | YES | NO | NO | 46 G/1 EACH | NO DYE |
| BBQ RIBS | YES | YES | YES | NO | NO | YES | NO | NO | 8 G/1 EACH | NO DYE |
| LAY'S CHIPS | YES | YES | YES | YES | YES | YES | YES | NO | 8 G/.5 OZ | NO DYE |
| APPLE SLICES | YES | YES | YES | YES | YES | YES | YES | YES | 18 G/.5 OZ | NO DYE |
| CARAMEL DIP | YES | YES | NO | NO | YES | YES | YES | NO | 18 G/1 EACH | NO DYE |
| CHEESE TORTELLINI | NO | NO | NO | NO | YES | YES | YES | YES | 45 G/1 CUP | NO DYE |
| ALFREDO SAUCE | YES | YES | NO | NO | YES | YES | NO | NO | 8 G/.5 OZ | NO DYE |
| GARLIC FOCACCIA BREAD | NO | YES | NO | NO | YES | YES | YES | YES | 26 G/2 OZ | NO DYE |
| CALIFORNIA BLEND | YES | YES | YES | YES | YES | YES | YES | YES | 5 G/.75 CUP | NO DYE |
| CHOC CHIP COOKIES | NO | NO | NO | NO | YES | NO | NO | NO | 17 G/1 EACH | NO DYE |
| BAKED OATMEAL | NO | NO | NO | NO | YES | YES | YES | YES | 52 G/1/3 CUP | NO DYE |
| SAUSAGE LINKS | YES | YES | YES | NO | NO | YES | YES | YES | 1 G/3 EACH | NO DYE |
| GRILLED CHEESE | NO | YES | NO | NO | YES | YES | NO | NO | 14 G/1 SLICE | NO DYE |
| LAY'S CHIPS | YES | YES | YES | YES | YES | YES | YES | NO | 8 G/.5 OZ | NO DYE |
| CELERY | YES | YES | YES | YES | YES | YES | YES | YES | 3 G/3.5 OZ | NO DYE |
| WOW BUTTER | YES | YES | YES | YES | YES | YES | NO | YES | 8 G/1 EACH | NO DYE |
| BAKED POTATOES | YES | YES | YES | YES | YES | YES | YES | YES | 15 G/3 OZ | NO DYE |
| VEG. CHILI | NO | YES | YES | YES | YES | YES | NO | NO | 27 G/1 CUP | NO DYE |

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| CHEESE SAUCE | YES | YES | NO | NO | YES | YES | NO | NO | 7 G/.25 OZ | NO DYE |
| ICE CREAM CUPS | YES | YES | NO | NO | YES | YES | YES | NO | 21 G/1 EACH | YES DYE |
| | | | | | | | | | | |
| | | | | | | | | | | |
| WEEK B- 2,4,6,8 | | | | | | | | | | |
| | | | | | | | | | | |
| HOAGIE BUNS | NO | YES | YES | YES | YES | YES | YES | YES | 46 G/1 | NO DYE |
| MEATBALLS | YES | NO | NO | NO | NO | YES | YES | YES | 4 G/3 MEATBALLS | NO DYE |
| MARINARA SAUCE | YES | YES | YES | YES | YES | YES | YES | YES | 11 G/ .5 CUP | NO DYE |
| MOZ. CHEESE | YES | YES | NO | NO | YES | YES | YES | YES | 1 G/.25 CUP | NO DYE |
| CELERY | YES | YES | YES | YES | YES | YES | YES | YES | 3 G/3.5 OZ | NO DYE |
| WOW BUTTER | YES | YES | YES | YES | YES | YES | NO | YES | 8 G/1 EACH | NO DYE |
| LAY'S CHIPS | YES | YES | YES | YES | YES | YES | YES | NO | 8 G/.5 OZ | NO DYE |
| CHOC CHIP COOKIES | NO | NO | NO | NO | YES | NO | NO | NO | 17 G/1 EACH | NO DYE |
| BLUEBERRY BREAD | NO | NO | NO | NO | YES | YES | NO | NO | 34 G/.33 CUP | YES DYE |
| SCR. EGGS | YES | NO | YES | NO | YES | YES | NO | YES | 2 G/.25 CUP | NO DYE |
| BACON | YES | YES | YES | NO | NO | YES | YES | YES | 0 G/2 SLICES | NO DYE |
| CHEESE PIZZA | NO | YES | NO | NO | YES | YES | NO | NO | 47 G/ 1 SLICE | NO DYE |
| APPLESAUCE | YES | YES | YES | YES | YES | YES | YES | YES | 14 G/1 EACH | NO DYE |
| CARROTS | YES | YES | YES | YES | YES | YES | YES | YES | 12 G/4.5 OZ | NO DYE |
| RANCH DIP | YES | NO | NO | NO | YES | YES | NO | NO | 3 G/1 EACH | NO DYE |
| BBQ CHICKEN | YES | YES | YES | NO | NO | YES | YES | NO | 3 G/1 EACH | NO DYE |
| CHEESY POTATOES | YES | YES | NO | NO | YES | YES | NO | NO | 20 G/1 OZ | NO DYE |
| CORN | YES | YES | YES | YES | YES | YES | NO | NO | 14 G/.5 CUP | NO DYE |
| APPLE TURNOVERS | NO | YES | YES | YES | YES | YES | YES | YES | 33 G/ 1 | NO DYE |
| ICING | YES | YES | NO | NO | YES | YES | NO | YES | 22 G/ OZ | NO DYE |
| BISCUITS | NO | YES | NO | NO | YES | YES | NO | YES | 32 G/1 EACH | NO DYE |
| SAUSAGE PATTIES | YES | YES | YES | NO | NO | YES | YES | YES | 0 | NO DYE |
| EGG PATTIES | YES | NO | NO | NO | YES | YES | YES | YES | 1 G/ 1 PATTY | NO DYE |
| CHEESE SLICES | YES | YES | NO | NO | YES | YES | NO | YES | 1 G/ 1 SLICE | YES DYE |
| HAMBURGER BUNS | NO | YES | YES | YES | YES | YES | NO | NO | 28 G/1 EACH | NO DYE |
| BACON | YES | YES | YES | NO | NO | YES | YES | YES | 0 G/2 SLICES | NO DYE |
| MACARONI SALAD | NO | NO | NO | NO | YES | YES | YES | YES | 26 G/ .75 CUP | NO DYE |
| CARROTS | YES | YES | YES | YES | YES | YES | YES | YES | 12 G/4.5 OZ | NO DYE |
| RANCH DIP | YES | NO | NO | NO | YES | YES | NO | NO | 3 G/1 EACH | NO DYE |
| PENNE PASTA | NO | YES | YES | YES | YES | YES | NO | YES | 44 G/1 CUP | NO DYE |
| GROUND BEEF | YES | YES | YES | NO | NO | YES | YES | YES | 0 G/4 OZ | NO DYE |
| MARINARA | YES | YES | YES | YES | YES | YES | NO | NO | 11 G/.5 CUP | NO DYE |
| MOZZ CHEESE | YES | YES | NO | NO | YES | YES | YES | YES | 1 G/.25 OZ | NO DYE |
| GREEN BEANS | YES | YES | YES | YES | YES | YES | NO | YES | 4 G/.5 CUP | NO DYE |

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| GARLIC BREAD | NO | YES | NO | NO | YES | YES | YES | YES | 26 G/1 | NO DYE |
| ORANGE SHERBET | YES | YES | NO | NO | YES | YES | YES | YES | 26 G/ 1 | YES DYE |
| SCR. EGGS | YES | NO | YES | NO | YES | YES | NO | YES | 2 G/.25 CUP | NO DYE |
| BACON | YES | YES | YES | NO | NO | YES | YES | YES | 0 G/2 SLICES | NO DYE |
| TATER TOTS | YES | YES | YES | YES | YES | YES | NO | NO | 19 G/3 OZ | NO DYE |
| TORTILLA SHELLS | NO | YES | YES | YES | YES | YES | YES | YES | 14 G/1 EACH | NO DYE |
| TOSTITOS | YES | YES | YES | YES | YES | YES | YES | NO | 18 G/ 1 BAG | NO DYE |
| TACO MEAT | YES | YES | YES | NO | NO | YES | YES | NO | 0 G/4 OZ | NO DYE |
| NACHO CHEESE | YES | YES | NO | NO | YES | YES | YES | YES | 15 G/ 1 CUP | NO DYE |
| REFRIED BEANS | YES | YES | YES | YES | YES | YES | YES | YES | 24 G/ .5 CUP | NO DYE |
| TACO SEASONING | YES | YES | YES | YES | YES | YES | YES | NO | 0 | NO DYE |
| HAMBURGER BUNS | NO | YES | YES | YES | YES | YES | NO | NO | 28 G/1 EACH | NO DYE |
| PULLED PORK | YES | YES | YES | NO | NO | YES | YES | YES | 15 G/ .5 CUP | NO DYE |
| MAC AND CHEESE | NO | YES | NO | NO | YES | YES | NO | NO | 32 G/1 CUP | YES DYE |
| BROWNIES | NO | NO | YES | NO | YES | YES | NO | NO | 22 G/1 EACH | YES DYE |
| MINI PANCAKES | NO | NO | NO | NO | YES | YES | NO | NO | 36 G/1 PKG | NO DYE |
| SAUSAGE LINKS | YES | YES | YES | NO | NO | YES | YES | YES | 1 G/ 3 EACH | NO DYE |
| HASHBROWNS | YES | YES | YES | NO | NO | YES | NO | YES | 16 G/.67 CUP | NO DYE |
| HAMBURGER BUNS | NO | YES | YES | YES | YES | YES | NO | NO | 28 G/1 EACH | NO DYE |
| SLOPPY JOES | YES | YES | YES | NO | NO | YES | YES | YES | 8 G/ 8 TBSP | NO DYE |
| MAC AND CHEESE | NO | YES | NO | NO | YES | YES | NO | NO | 32 G/1 CUP | YES DYE |
| APPLE SLICES | YES | YES | YES | YES | YES | YES | YES | YES | 18 G/.5 OZ | NO DYE |
| CARAMEL DIP | YES | YES | NO | NO | YES | YES | YES | NO | 18 G/1 EACH | NO DYE |
| PENNE NOODLES | NO | YES | YES | YES | YES | YES | NO | YES | 44 G/1 CUP | NO DYE |
| ALFREDO SAUCE | YES | YES | NO | NO | YES | YES | NO | NO | 8 G/.5 OZ | NO DYE |
| CHICKEN FAJITA MEAT | YES | YES | YES | NO | NO | YES | YES | YES | 2 G/ 3 OZ | NO DYE |
| BREADSTICKS | NO | YES | YES | YES | YES | YES | YES | YES | 28 G/ 1 | NO DYE |
| BROCCOLI | YES | YES | YES | YES | YES | YES | YES | YES | 14 G/ 1 OZ | NO DYE |
| RICE KRISPY TREATS | YES | YES | NO | NO | NO | YES | NO | YES | 28 G/ 1 | NO DYE |
| BISCUITS | NO | YES | NO | NO | YES | YES | NO | YES | 32 G/1 EACH | NO DYE |
| SAUSAGE GRAVY | NO | YES | NO | NO | NO | YES | NO | NO | 6 G/1.33 TBSP | YES DYE |
| DICED POTATOES | YES | YES | YES | YES | YES | YES | NO | YES | 17 G/.67 CUP | NO DYE |
| TORTILLA SHELLS | NO | YES | YES | YES | YES | YES | YES | YES | 14 G/1 EACH | NO DYE |
| CHICKEN FAJITA | YES | YES | YES | NO | NO | YES | YES | YES | 2 G/ 3 OZ | NO DYE |
| BACON BITS | YES | YES | YES | NO | NO | YES | YES | YES | 0 | NO DYE |
| SHR. CHEESE | YES | YES | NO | NO | YES | YES | YES | YES | 3 G/ 2 TBSP | NO DYE |
| FRITOS | YES | YES | YES | YES | YES | YES | YES | NO | 20 G/1 OZ | NO DYE |
| BBQ SAUCE | YES | YES | YES | YES | YES | YES | YES | YES | 4 G/ 1 | NO DYE |
| RANCH DIP | YES | NO | NO | NO | YES | YES | YES | YES | 3 G/ 1 | NO DYE |
| BUFFALO SAUCE | YES | YES | YES | YES | YES | YES | NO | YES | 3 G/ 1 | NO DYE |

